
ST THEODORE'S, TOORAK GARDENS

**ORDINARY 22
1 SEPTEMBER 2024**



WELCOME

St Theodore's is an active, caring and supportive community which values liturgy, prayer and preaching to sustain our daily lives, as we seek to foster love, hope and justice to all. You are welcome here as you are, embraced within God's boundless love. It is good to have you here today and we hope that you will feel at home.

PRAYING WITH CANDLES AND STONES

As you enter our church, there are two stations for prayer. One is an invitation to light a candle, symbolising our praying for each other before God. The other is an invitation to drop stones into a bowl of water, symbolising letting go of something (or someone) weighing us down.

ADMINISTRATION OF COMMUNION

All are welcome to receive Holy Communion and/or receive anointing for healing at the back. Due to Covid precautions, intinction (dipping) into the wine is prohibited.

If you do not wish to drink the wine, we invite you to pause briefly before the chalice to acknowledge the sacramental presence.

LIVE-STREAMING

Our 9:30am Sunday Service is live-streamed on Facebook Live. During administration of communion, the camera is adjusted so that ideally no one coming forward is visible online, but this cannot be guaranteed.

HEARING ASSISTANCE SYSTEM

We have a Hearing Assistance System available on Wi-Fi, usable with or without hearing aids. Please ask the stewards for assistance.

Please email office@theodores.org to join our mailing list.

Please stand if you wish

PROCESSIONAL HYMN: CP 289 “Christian people, raise your song”

1 Christian people, raise your song,
chase away all grieving;
sing your joy and be made strong,
our Lord’s life receiving;
nature’s gifts of wheat and vine
now are set before us:
as we offer bread and wine
Christ comes to restore us.

2 Come to welcome Christ today,
God’s great revelation;
he has pioneered the way
of the new creation.
Greet him, Christ our risen King
gladly recognising,
as with joy we greet the spring
out of winter rising.

Colin P Thompson © CP 2001

ACKNOWLEDGEMENT

As we gather in worship we acknowledge the Kaurna People as the traditional owners and custodians of this land.

May we walk together in harmony in a spirit of reconciliation.

INVOCATION AND GREETING

The Lord be with you.
And also with you.

† Blessed be God: Father, Son and Holy Spirit.
Blessed be God's kingdom, now and for ever.

WELCOME

OPENING SENTENCE

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. (James 1.17)

PRAYER OF PREPARATION

Let us pray.
**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord. Amen.**

KYRIES

**Lord, have mercy
Christ, have mercy
Lord, have mercy**

CONFESSION AND ABSOLUTION

God is steadfast in love and infinite in mercy, welcoming sinners and inviting them to the Lord's table.

Silence may be kept

Let us confess our sins in penitence and faith, confident in God's forgiveness.

**Merciful God,
our maker and our judge,
we have sinned against you
in thought, word, and deed,
and in what we have failed to do:
we have not loved you with our whole heart;
we have not loved our neighbours as ourselves;
we repent, and are sorry for all our sins.
Father, forgive us.
Strengthen us to love and obey you
in newness of life;
through Jesus Christ our Lord. Amen.**

Almighty God,
who has promised forgiveness
to all who turn to him in faith:
† pardon you and set you free from all your sins,
strengthen you in all goodness
and keep you in eternal life,
through Jesus Christ our Lord. **Amen.**

GLORIA

Glory to God in the highest,
and peace to God's people on earth.

Lord God, heavenly King,
almighty God and Father,

we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,

you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High

Jesus Christ,

with the Holy Spirit,

† in the glory of God the Father. Amen.

PRAYER OF THE DAY

Cleanse our consciences, O Lord,
and enlighten our hearts
through the daily presence of your Son Jesus Christ,
that when he comes in glory to be our judge
we may be found undefiled and acceptable in his sight;
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.

Please be seated

FIRST READING: SONG OF SONGS 2.8-13

⁸ The voice of my beloved!

Look, he comes,
leaping upon the mountains,
bounding over the hills.

⁹ My beloved is like a gazelle
or a young stag.

Look, there he stands
behind our wall,
gazing in at the windows,
looking through the lattice.

¹⁰ My beloved speaks and says to me:

'Arise, my love, my fair one,
and come away;

¹¹ for now the winter is past,
the rain is over and gone.

¹² The flowers appear on the earth;
the time of singing has come,
and the voice of the turtle-dove
is heard in our land.

¹³ The fig tree puts forth its figs,
and the vines are in blossom;
they give forth fragrance.

Arise, my love, my fair one,
and come away.

For the word of the Lord
Thanks be to God

PSALM 45.1-2, 45.6-9

Response: The peoples shall praise you for ever

¹ My heart is astir with fine phrases,

I make my song for a king:

my tongue is the pen of a ready writer.

² You are the fairest of men,

grace flows from your lips:

therefore has God blessed you for ever and ever. **R**

⁶ Your throne is the throne of God, it endures for ever:

and the sceptre of your kingdom is a righteous sceptre.

⁷ You have loved righteousness and hated evil:

therefore God, your God, has anointed you

with the oil of gladness above your fellows. **R**

⁸ All your garments are fragrant

with myrrh, aloes and cassia:

music from ivory palaces makes you glad.

⁹ Kings' daughters are among your noble women:

the queen is at your right hand in gold of Ophir. **R**

SECOND READING: JAMES 1.17-27

¹⁷ Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. ¹⁸ In fulfilment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures.

¹⁹ You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; ²⁰ for your anger does not produce God's righteousness. ²¹ Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls.

²² But be doers of the word, and not merely hearers who deceive themselves. ²³ For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; ²⁴ for they look at themselves and, on going away, immediately forget what they were like. ²⁵ But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act – they will be blessed in their doing.

²⁶ If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. ²⁷ Religion that is pure and undefiled before God, the Father, is this: to care for orphans and the widowed in their distress, and to keep oneself unstained by the world.

For the word of the Lord
Thanks be to God.

Please stand if you wish

GRADUAL HYMN: CP 583 “Teach me, my God and King”

- 1 Teach me, my God and King,
in all things thee to see;
and what I do in anything
to do it as for thee.
- 2 A man that looks on glass,
on it may stay his eye;
or, if he pleaseth, through it pass,
and then the heaven espy.
- 3 All may of thee partake;
nothing can be so mean
which, with this tincture, For thy sake,
will not grow bright and clean.

- 4 A servant with this clause
makes drudgery divine;
who sweeps a room, as for thy laws,
makes that and the action fine.
- 5 This is the famous stone
that turneth all to gold;
for that which God doth touch and own
cannot for less be told.

George Herbert © CP 2001

THE GOSPEL

Alleluia, Alleluia, Alleluia.

**Your words, Lord are / Spirit and life
you have the words of life / everlasting.**

Alleluia, Alleluia, Alleluia.

The Lord be with you
And also with you.

The Holy Gospel according to Mark 7.1-8, 7.14-23
‡ Glory to you, Lord Jesus Christ.

7 Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around Jesus, ² they noticed that some of his disciples were eating with defiled hands, that is, without washing them. ³ (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; ⁴ and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) ⁵ So the Pharisees and the scribes asked him, 'Why do your disciples not live according to the tradition of the elders, but eat with

defiled hands?' ⁶ He said to them, 'Isaiah prophesied rightly about you hypocrites, as it is written,

"This people honours me with their lips,
but their hearts are far from me;

⁷ in vain do they worship me,
teaching human precepts as doctrines."

⁸ You abandon the commandment of God and hold to human tradition.'

¹⁴ Then he called the crowd again and said to them, 'Listen to me, all of you, and understand: ¹⁵ there is nothing outside a person that by going in can defile, but the things that come out are what defile.'

¹⁷ When he had left the crowd and entered the house, his disciples asked him about the parable. ¹⁸ He said to them, 'Then do you also fail to understand? Do you not see that whatever goes into a person from outside cannot defile, ¹⁹ since it enters, not the heart but the stomach, and goes out into the sewer?' (Thus he declared all foods clean.) ²⁰ And he said, 'It is what comes out of a person that defiles. ²¹ For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, ²² adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. ²³ All these evil things come from within, and they defile a person.'

This is the Gospel of the Lord.

Praise to you, Lord Jesus Christ.

SERMON

The sermon is followed by a time of silence for reflection.

THE PRAYERS OF THE PEOPLE

Let us pray for the world and for the Church.

Response:

Lord, in your mercy
hear our prayer.

Conclusion:

Compassionate God, you have promised to hear our prayers.
**Grant that what we have asked in faith
we may by your grace receive,
through Jesus Christ our Lord. Amen.**

NOTICES

Please stand if you wish

THE GREETING OF PEACE

We are the body of Christ.
His Spirit is with us.

The peace of the Lord be always with you.
And also with you.

OFFERTORY HYMN: CP 368 "All my hope on God is founded"

1 All my hope on God is founded;
he doth still my trust renew.
Me through change and chance he guideth,
only good and only true.
God unknown,
he alone
calls my heart to be his own.

- 2 Pride of all and earthly glory,
sword and crown betray his trust;
what with care and toil he buildeth,
tower and temple, fall to dust.
But God's power,
hour by hour,
is my temple and my tower.
- 3 God's great goodness aye endureth,
deep his wisdom, passing thought:
splendour, light, and life attend him,
beauty springeth out of naught.
Evermore
from his store
new-born worlds rise and adore.
- 4 Daily doth th' Almighty giver
bounteous gifts on us bestow;
his desire our soul delighteth,
pleasure leads us where we go.
Love doth stand
at his hand;
joy doth wait on his command.
- 5 Still from earth to God eternal
sacrifice of praise be done,
high above all praises praising
for the gift of Christ his Son.
Christ doth call
one and all:
ye who follow shall not fall.

Robert Bridges based on German
of Joachim Neander © CP 2001

PRAYER OVER THE GIFTS

Blessed are you, Lord, God of all creation.
Through your goodness
we have these gifts to share.
Accept and use our offerings for your glory
and for the service of your kingdom.
Blessed be God for ever.

THE GREAT THANKSGIVING

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

All glory and honour be yours always and everywhere,
mighty Creator, everliving God.

We give you thanks and praise for
our Saviour Jesus Christ,
who by the power of your Spirit was born of Mary
and lived as one of us.

By his death on the cross and rising to new life,
he offered the one true sacrifice for sin
and obtained an eternal deliverance for his people.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

**Holy, holy, holy Lord, God of power and might,
Heaven and earth are full of your glory.**

Hosanna in the highest.

† Blessed is he who comes in the Name of the Lord.

Hosanna in the highest.

Merciful God, we thank you
for these gifts of your creation,
this bread and wine,
and we pray that by your Word and Holy Spirit,
we who eat and drink them
may be partakers of Christ's body and blood.

On the night he was betrayed Jesus took bread;
and when he had given you thanks
he broke it, and gave it to his disciples, saying,
'Take, eat. This is my body given for you.
Do this in remembrance of me.'

After supper, he took the cup,
and again giving you thanks
he gave it to his disciples, saying,
'Drink from this, all of you.
This is my blood of the new covenant
shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.'

Therefore we do as our Saviour has commanded:
proclaiming his offering of himself
made once for all upon the cross,
his mighty resurrection and glorious ascension,
and looking for his coming again,
we celebrate, with this bread and this cup,
his one perfect and sufficient sacrifice
for the sins of the whole world.

Let us proclaim the mystery of faith.

Christ has died. Christ is risen. Christ will come again.

† Renew us by your Holy Spirit,
unite us in the body of your Son
and bring us with all your people
into the joy of your eternal kingdom;
through Jesus Christ our Lord,
with whom, and in whom,
in the fellowship of the Holy Spirit,
we worship you, Father,
in songs of never-ending praise:

**Blessing and honour and glory and power
are yours for ever and ever. Amen.**

THE LORD'S PRAYER

As our Saviour Christ has taught us, we are confident to pray,

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

BREAKING OF THE BREAD

We break this bread to share in the body of Christ.
We who are many are one body,
for we all share in the one bread.

AGNUS DEI

**Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, grant us your peace.**

INVITATION TO COMMUNION

The gifts of God for the people of God.
May we who share these gifts be found in Christ and Christ in us.

This is the table of communion with the earth,
in which Christ became incarnate
So come to this table, those who have much faith
and those who would like to have more;
those who have been here often
and those who have not been for a long time;
those who have tried to follow Jesus;
and we who have failed.
Come.

Please stand if you wish

POST-COMMUNION SENTENCE

**Religion that is pure and undefiled before God, the Father, is this:
to care for orphans and the widowed in their distress (James 5.27)**

PRAYER AFTER COMMUNION

Living God,
in this holy meal you fill us with new hope.
May the power of your love,
which we have known in word and sacrament,
continue your saving work among us,
give us courage for our pilgrimage,
and bring us to the joys you promise.

PRAYER OF SELF-OFFERING

Most loving God,
you send us into the world you love.
Give us grace to go thankfully and with courage
in the power of your Spirit.

BLESSING

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord;
and the blessing of God almighty, † the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen**

Please stand if you wish

DISMISSAL

Go in peace to love and serve the Lord :
In the name of Christ. Amen.

RECESSIONAL HYMN: *See last page*

POSTLUDE: TAMBLING: PROCESSIONAL

Liturgy from *A Prayer Book for Australia* © Broughton Publishing 1995.

The Scripture is from the **New Revised Standard Version** of the Bible.

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Where there is a † in the liturgy, you are invited to make a sign of the cross if you wish. When the Gospel is read and we say “† Glory to you Lord Jesus Christ”, you are invited to make three tiny signs of the cross, on the forehead, on the lips and on the chest. This symbolises the Word of God in our minds, our words and our hearts.

The sermon is preceded by a short Children’s Talk if there are children present.

RECESSIONAL HYMN: CP 319 "Praise the Lord rise up rejoicing"



- 1 Praise the Lord, rise up rejoicing,
worship, thanks, devotion voicing:
Glory be to God on high!
Christ your cross and passion sharing,
by this Eucharist declaring
yours the eternal victory.

- 2 Scattered flock, one Shepherd sharing,
lost and lonely, one voice hearing,
ears are open to your word;
by your blood new life receiving,
in your body firm believing,
we are yours, and you the Lord.

- 3 Send us forth alert and living,
sins forgiven, wrongs forgiving,
in your Spirit strong and free.
Finding love in all creation,
bringing peace in every nation,
may we faithful followers be.

H.C.A Gaunt © CP 2001