
ST THEODORE'S, TOORAK GARDENS

**ORDINARY 20
18 AUGUST 2024**



WELCOME

St Theodore's is an active, caring and supportive community which values liturgy, prayer and preaching to sustain our daily lives, as we seek to foster love, hope and justice to all. You are welcome here as you are, embraced within God's boundless love. It is good to have you here today and we hope that you will feel at home.

PRAYING WITH CANDLES AND STONES

As you enter our church, there are two stations for prayer. One is an invitation to light a candle, symbolising our praying for each other before God. The other is an invitation to drop stones into a bowl of water, symbolising letting go of something (or someone) weighing us down.

ADMINISTRATION OF COMMUNION

All are welcome to receive Holy Communion and/or receive anointing for healing at the back. Due to Covid precautions, intinction (dipping) into the wine is prohibited.

If you do not wish to drink the wine, we invite you to pause briefly before the chalice to acknowledge the sacramental presence.

LIVE-STREAMING

Our 9:30am Sunday Service is live-streamed on Facebook Live. During administration of communion, the camera is adjusted so that ideally no one coming forward is visible online, but this cannot be guaranteed.

HEARING ASSISTANCE SYSTEM

We have a Hearing Assistance System available on Wi-Fi, usable with or without hearing aids. Please ask the stewards for assistance.

Please email office@theodores.org to join our mailing list.

Please stand if you wish

PROCESSIONAL HYMN: SP 298 “O changeless Christ, for ever new”

- 1 O changeless Christ, for ever new,
who walked our earthly ways,
still draw our hearts as once you drew
the hearts of other days.
- 2 As once you spoke by plain and hill
or taught by shore and sea,
so be today our teacher still,
O Christ of Galilee.
- 3 As wind and storm their Master heard
and his command fulfilled,
may troubled hearts receive your word,
the tempest-tossed be stilled.
- 4 And as of old to all who prayed
your healing hand was shown,
so be your touch upon us laid,
unseen but not unknown.
- 5 In broken bread, in wine outpoured,
your new and living way
proclaim to us, O risen Lord,
O Christ of this our day.
- 6 O changeless Christ, till life is past
your blessing still be given;
then bring us home, to taste at last
the timeless joys of heaven.

Timothy Dudley-Smith © SP 2010

ACKNOWLEDGEMENT

As we gather in worship we acknowledge the Kaurna People as the traditional owners and custodians of this land.

May we walk together in harmony in a spirit of reconciliation.

INVOCATION AND GREETING

The Lord be with you.

And also with you.

† Blessed be God: Father, Son and Holy Spirit.

Blessed be God's kingdom, now and for ever.

WELCOME

OPENING SENTENCE

Jesus said, 'I am the living bread that came down from heaven.

Whoever eats of this bread will live for ever' (John 6.51)

PRAYER OF PREPARATION

Let us pray.

Almighty God,

to whom all hearts are open,

all desires known,

and from whom no secrets are hidden:

cleanse the thoughts of our hearts

by the inspiration of your Holy Spirit,

that we may perfectly love you,

and worthily magnify your holy name,

through Christ our Lord. Amen.

KYRIES

**Lord, have mercy
Christ, have mercy
Lord, have mercy**

CONFESSION AND ABSOLUTION

God is steadfast in love and infinite in mercy, welcoming sinners and inviting them to the Lord's table.

Silence may be kept

Let us confess our sins in penitence and faith, confident in God's forgiveness.

**Merciful God,
our maker and our judge,
we have sinned against you
in thought, word, and deed,
and in what we have failed to do:
we have not loved you with our whole heart;
we have not loved our neighbours as ourselves;
we repent, and are sorry for all our sins.
Father, forgive us.
Strengthen us to love and obey you
in newness of life;
through Jesus Christ our Lord. Amen.**

Almighty God,
who has promised forgiveness
to all who turn to him in faith:
† pardon you and set you free from all your sins,
strengthen you in all goodness
and keep you in eternal life,
through Jesus Christ our Lord. **Amen.**

GLORIA

**Glory to God in the highest,
and peace to God's people on earth.
Lord God, heavenly King,
almighty God and Father,
 we worship you, we give you thanks,
 we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
 Lord God, Lamb of God,
 you take away the sin of the world:
 have mercy on us;
 you are seated at the right hand of the Father:
 receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High
 Jesus Christ,
 with the Holy Spirit,
 † in the glory of God the Father. Amen.**

PRAYER OF THE DAY

Everliving God,
your Son, Jesus Christ,
gave himself as living bread for the life of the world:
give us such a knowledge of his presence
that we may be strengthened and sustained by his risen life
to serve you continually;
through Jesus Christ our Lord,
who lives and reigns with you in unity with the Holy Spirit,
one God, for ever and ever. **Amen.**

Please be seated

FIRST READING: 1 KINGS 2.10-12; 3.3-14

¹⁰ Then David slept with his ancestors, and was buried in the city of David. ¹¹ The time that David reigned over Israel was forty years; he reigned for seven years in Hebron, and thirty-three years in Jerusalem. ¹² So Solomon sat on the throne of his father David; and his kingdom was firmly established.

³ Solomon loved the LORD, walking in the statutes of his father David; only, he sacrificed and offered incense at the high places. ⁴ The king went to Gibeon to sacrifice there, for that was the principal high place; Solomon used to offer a thousand burnt-offerings on that altar. ⁵ At Gibeon the LORD appeared to Solomon in a dream by night; and God said, 'Ask what I should give you.' ⁶ And Solomon said, 'You have shown great and steadfast love to your servant my father David, because he walked before you in faithfulness, in righteousness, and in uprightness of heart towards you; and you have kept for him this great and steadfast love, and have given him a son to sit on his throne today. ⁷ And now, O LORD my God, you have made your servant king in place of my father David, although I am only a little child; I do not know how to go out or come in. ⁸ And your servant is in the midst of the people

whom you have chosen, a great people, so numerous they cannot be numbered or counted. ⁹ Give your servant therefore an understanding mind to govern your people, able to discern between good and evil; for who can govern this your great people?’

¹⁰ It pleased the LORD that Solomon had asked this. ¹¹ God said to him, ‘Because you have asked this, and have not asked for yourself long life or riches, or for the life of your enemies, but have asked for yourself understanding to discern what is right, ¹² I now do according to your word. Indeed I give you a wise and discerning mind; no one like you has been before you and no one like you shall arise after you. ¹³ I give you also what you have not asked, both riches and honour all your life; no other king shall compare with you. ¹⁴ If you will walk in my ways, keeping my statutes and my commandments, as your father David walked, then I will lengthen your life.’

For the word of the Lord
Thanks be to God

PSALM 111

Response: Great are the deeds of the Lord, full of majesty and splendour

¹ O praise the Lord. I will praise the Lord
with my whole heart:

in the company of the upright
and among the congregation.

² The works of the Lord are great:
and studied by all who take delight in them. **R**

³ His deeds are majestic and glorious:
and his righteousness stands for ever.

⁴ His marvellous acts have won him a name to be remembered:
the Lord is gracious and merciful. **R**

- ⁵ He gives food to those that fear him:
he remembers his covenant for ever.
- ⁶ He showed his people the power of his acts:
in giving them the heritage of the heathen. **R**
- ⁷ The works of his hands are faithful and just:
and all his commandments are sure;
- ⁸ They stand firm for ever and ever:
they are done in faithfulness and in truth. **R**
- ⁹ He sent redemption to his people,
he ordained his covenant for ever:
holy is his name and worthy to be feared.
- ¹⁰ The fear of the Lord is the beginning of wisdom,
and of good understanding are those
that keep his commandments:
his praise shall endure for ever. **R**

SECOND READING: EPHESIANS 5.11-21

¹¹ Take no part in the unfruitful works of darkness, but instead expose them. ¹² For it is shameful even to mention what such people do secretly; ¹³ but everything exposed by the light becomes visible, ¹⁴ for everything that becomes visible is light. Therefore it says,

‘Sleeper, awake!
Rise from the dead,
and Christ will shine on you.’

¹⁵ Be careful then how you live, not as unwise people but as wise, ¹⁶ making the most of the time, because the days are evil. ¹⁷ So do not be foolish, but understand what the will of the Lord is. ¹⁸ Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, ¹⁹ as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, ²⁰ giving thanks to

God the Father at all times and for everything in the name of our Lord Jesus Christ.

²¹ Be subject to one another out of reverence for Christ.

For the word of the Lord
Thanks be to God.

Please stand if you wish

GRADUAL HYMN: CP 288 “Christ is the heavenly food”

1 Christ is the heavenly food that gives
to every famished soul
new life and strength, new joy and hope,
and faith to make them whole.

2 We all are made for God alone,
without him we are dead;
no food suffices for the soul
but Christ, the living bread.

3 Christ is the unity that binds,
in one the near and far;
for we who share his life divine
his living body are.

4 On earth and in the realms beyond
one fellowship are we;
and at his altar we are knit
in mystic unity.

Timothy Rees © CP 2001

THE GOSPEL

Alleluia, Alleluia, Alleluia.

**Whoever eats my flesh and / drinks my blood
remains in me and / I in them.**

Alleluia, Alleluia, Alleluia.

The Lord be with you
And also with you.

The Holy Gospel according to John 6.51-58
‡ Glory to you, Lord Jesus Christ.

⁵¹ I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

⁵² The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' ⁵³ So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. ⁵⁴ Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; ⁵⁵ for my flesh is true food and my blood is true drink. ⁵⁶ Those who eat my flesh and drink my blood abide in me, and I in them. ⁵⁷ Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. ⁵⁸ This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

This is the Gospel of the Lord.
Praise to you, Lord Jesus Christ.

SERMON

The sermon is followed by a time of silence for reflection.

THE PRAYERS OF THE PEOPLE

Let us pray for the world and for the Church.

Response:

Lord, in your mercy
hear our prayer.

Conclusion:

Compassionate God, you have promised to hear our prayers.
**Grant that what we have asked in faith
we may by your grace receive,
through Jesus Christ our Lord. Amen.**

NOTICES

Please stand if you wish

THE GREETING OF PEACE

We are the body of Christ.
His Spirit is with us.

The peace of the Lord be always with you.
And also with you.

OFFERTORY HYMN: CP 290 "Christians, lift your hearts and voices"

1 Christians, lift your hearts and voices,
let your praises be outpoured;
come with joy and exultation
to the table of the Lord;
come believing, come expectant,
in obedience to his word.

2 See, presiding at his table,
Jesus Christ our great High Priest;
where he summons all his people,
none is greatest none is least;
graciously he bids them welcome
to the eucharistic feast.

3 Lord, we offer in thanksgiving
life and work for you to bless;
yet unworthy is the offering,
marred by pride and carelessness;
so, Lord pardon our transgressions,
plant in us true holiness.

4 On the evening of his passion
Jesus gave the wine and bread,
so that all who love and serve him
shall for evermore be fed.
Taste and see the Lord is gracious,
feed upon the living bread.
in the eucharistic feast.

John E Bowers © CP 2001

PRAYER OVER THE GIFTS

Blessed are you, Lord, God of all creation.
Through your goodness
we have these gifts to share.
Accept and use our offerings for your glory
and for the service of your kingdom.
Blessed be God for ever.

THE GREAT THANKSGIVING

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

All glory and honour be yours always and everywhere,
mighty Creator, everliving God.
We give you thanks and praise for
our Saviour Jesus Christ,
who by the power of your Spirit was born of Mary
and lived as one of us.
By his death on the cross
and rising to new life,
he offered the one true sacrifice for sin
and obtained an eternal deliverance for his people.
Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

**Holy, holy, holy Lord, God of power and might,
Heaven and earth are full of your glory.**

Hosanna in the highest.

† Blessed is he who comes in the Name of the Lord.

Hosanna in the highest.

Merciful God, we thank you
for these gifts of your creation,
this bread and wine,
and we pray that by your Word and Holy Spirit,
we who eat and drink them
may be partakers of Christ's body and blood.

On the night he was betrayed Jesus took bread;
and when he had given you thanks
he broke it, and gave it to his disciples, saying,
'Take, eat. This is my body given for you.
Do this in remembrance of me.'

After supper, he took the cup,
and again giving you thanks
he gave it to his disciples, saying,
'Drink from this, all of you.
This is my blood of the new covenant
shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.'

Therefore we do as our Saviour has commanded:
proclaiming his offering of himself
made once for all upon the cross,
his mighty resurrection and glorious ascension,
and looking for his coming again,
we celebrate, with this bread and this cup,
his one perfect and sufficient sacrifice
for the sins of the whole world.

Let us proclaim the mystery of faith.

Christ has died. Christ is risen. Christ will come again.

† Renew us by your Holy Spirit,
unite us in the body of your Son
and bring us with all your people
into the joy of your eternal kingdom;
through Jesus Christ our Lord,
with whom, and in whom,
in the fellowship of the Holy Spirit,
we worship you, Father,
in songs of never-ending praise:

**Blessing and honour and glory and power
are yours for ever and ever. Amen.**

THE LORD'S PRAYER

As our Saviour Christ has taught us, we are confident to pray,

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

BREAKING OF THE BREAD

We break this bread to share in the body of Christ.
We who are many are one body,
for we all share in the one bread.

AGNUS DEI

**Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, grant us your peace.**

INVITATION TO COMMUNION

The gifts of God for the people of God.

May we who share these gifts be found in Christ and Christ in us.

This is the table of communion with the earth,

in which Christ became incarnate

So come to this table, those who have much faith

and those who would like to have more;

those who have been here often

and those who have not been for a long time;

those who have tried to follow Jesus;

and we who have failed.

Come.

Please stand if you wish

POST-COMMUNION SENTENCE

Jesus said, 'Those who eat my flesh and drink my blood abide in me, and I in them.' (John 6.56)

PRAYER AFTER COMMUNION

Living God,

in this holy meal you fill us with new hope.

May the power of your love,

which we have known in word and sacrament,

continue your saving work among us,

give us courage for our pilgrimage,

and bring us to the joys you promise.

PRAYER OF SELF-OFFERING

Most loving God,
you send us into the world you love.
Give us grace to go thankfully and with courage
in the power of your Spirit.

BLESSING

The peace of God which passes all understanding keep your hearts
and minds in the knowledge and love of God, and of his Son, Jesus
Christ our Lord;
and the blessing of God almighty, † the Father, the Son, and the Holy
Spirit, be among you and remain with you always. **Amen**

Please stand if you wish

DISMISSAL

Go in peace to love and serve the Lord:
In the name of Christ. Amen.

RECESSIONAL HYMN: CP 569 "Sing praise to God who reigns above"

- 1 Sing praise to God who reigns above,
the God of all creation,
the God of power, the God of love,
the God of our salvation;
with healing balm my soul he fills,
and every faithless murmur stills:
to God all praise and glory!

2 The Lord is never far away,
but, through all grief distressing,
an ever-present help and stay,
our peace and joy and blessing;
as with a mother's tender hand
he leads his own, his chosen band:
to God all praise and glory!

3 Thus all my gladsome way along
I sing aloud thy praises,
that all may hear the grateful song
my voice unwearied raises;
be joyful in the Lord, my heart;
both soul and body bear your part:
to God all praise and glory!

Johann Jakob Schutz *tr* Frances
Eliabeth Cox © CP 2001

POSTLUDE: GF HANDEL ALLEGRO FROM ORGAN CONCERTO VI, OP. 4 NO 6 HWV 294

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Where there is a † in the liturgy, you are invited to make a sign of the cross if you wish. When the Gospel is read and we say “† Glory to you Lord Jesus Christ”, you are invited to make three tiny signs of the cross, on the forehead, on the lips and on the chest. This symbolises the Word of God in our minds, our words and our hearts.

The sermon is preceded by a short Children’s Talk if there are children present.