
ST THEODORE'S, TOORAK GARDENS

**ORDINARY 12
23 JUNE 2024**



WELCOME

St Theodore's is an active, caring and supportive community which values liturgy, prayer and preaching to sustain our daily lives, as we seek to foster love, hope and justice to all. You are welcome here as you are, embraced within God's boundless love. It is good to have you here today and we hope that you will feel at home.

PRAYING WITH CANDLES AND STONES

As you enter our church, there are two stations for prayer. One is an invitation to light a candle, symbolising our praying for each other before God. The other is an invitation to drop stones into a bowl of water, symbolising letting go of something (or someone) weighing us down.

ADMINISTRATION OF COMMUNION

All are welcome to receive Holy Communion and/or receive anointing for healing at the back. Due to Covid precautions, intinction (dipping) into the wine is prohibited.

If you do not wish to drink the wine, we invite you to pause briefly before the chalice to acknowledge the sacramental presence.

LIVE-STREAMING

Our 9:30am Sunday Service is live-streamed on Facebook Live. During administration of communion, the camera is adjusted so that no one coming forward is visible online.

HEARING ASSISTANCE SYSTEM

We have a Hearing Assistance System available on Wi-Fi, usable with or without hearing aids. Please ask the stewards for assistance.

Please email office@theodores.org to join our mailing list.

Please stand if you wish

PROCESSIONAL HYMN: TIS 598 “Dear Father, Lord of humankind”

- 1 Dear Father, Lord of humankind,
forgive our foolish ways;
re clothe us in our rightful mind:
in purer lives they service find,
in deeper reverence, praise
In deeper reverence, praise.

- 2 In simple trust like theirs who heard,
beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word
rise up and follow thee,
rise up and follow thee.

- 3 O sabbath rest by Galilee!
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity,
interpreted by love,
interpreted by love!

- 4 Drop thy still dews of quietness,
till all our striving cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of the peace,
the beauty of thy peace.

5 Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind and fire,
O still small voice of calm,
O still small voice of calm.

John Greenleaf Whittier
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ACKNOWLEDGEMENT

As we gather in worship we acknowledge the Kurna People as the traditional owners and custodians of this land.

May we walk together in harmony in a spirit of reconciliation.

INVOCATION AND GREETING

The Lord be with you.

And also with you.

† Blessed be God: Father, Son and Holy Spirit.

Blessed be God's kingdom, now and for ever.

WELCOME

OPENING SENTENCE

Who then is this, that even the wind and the sea obey him?
(Mark 4.41)

PRAYER OF PREPARATION

Let us pray.

**Almighty God,
to whom all hearts are open,**

**all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Christ our Lord. Amen.**

KYRIES

**Lord, have mercy
Christ, have mercy
Lord, have mercy**

CONFESSION AND ABSOLUTION

God is steadfast in love and infinite in mercy, welcoming sinners and inviting them to the Lord's table.

Silence may be kept

Let us confess our sins in penitence and faith, confident in God's forgiveness.

**Merciful God,
our maker and our judge,
we have sinned against you
in thought, word, and deed,
and in what we have failed to do:
we have not loved you with our whole heart;
we have not loved our neighbours as ourselves;
we repent, and are sorry for all our sins.
Father, forgive us.**

**Strengthen us to love and obey you
in newness of life;
through Jesus Christ our Lord. Amen.**

Almighty God,
who has promised forgiveness
to all who turn to him in faith:
† pardon you and set you free from all your sins,
strengthen you in all goodness
and keep you in eternal life,
through Jesus Christ our Lord. **Amen.**

GLORIA

**Glory to God in the highest,
and peace to God's people on earth.**

**Lord God, heavenly King,
almighty God and Father,**

**we worship you, we give you thanks,
we praise you for your glory.**

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,

you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High

Jesus Christ,

with the Holy Spirit,

† in the glory of God the Father. Amen.

PRAYER OF THE DAY

O God our defender,
storms rage about us and cause us to be afraid:
rescue your people from despair,
deliver your sons and daughters from fear,
and preserve us all from unbelief;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

Please be seated

FIRST READING: 1 SAMUEL 17.57-18.5, 10-16

⁵⁷ On David's return from killing the Philistine, Abner took him and brought him before Saul, with the head of the Philistine in his hand. ⁵⁸ Saul said to him, "Whose son are you, young man?" And David answered, "I am the son of your servant Jesse the Bethlehemite."

18 When David had finished speaking to Saul, the soul of Jonathan was bound to the soul of David, and Jonathan loved him as his own soul. ² Saul took him that day and would not let him return to his father's house. ³ Then Jonathan made a covenant with David because he loved him as his own soul. ⁴ Jonathan stripped himself of the robe that he was wearing and gave it to David and his armor and even his sword and his bow and his belt. ⁵ David went out and was successful wherever Saul sent him; as a result, Saul set him over the army. And all the people, even the servants of Saul, approved.

¹⁰ The next day an evil spirit from God rushed upon Saul, and he raved within his house, while David was playing the lyre, as he did day by day. Saul had his spear in his hand, ¹¹ and Saul threw the spear, for he thought, "I will pin David to the wall." But David eluded him twice.

¹² Saul was afraid of David because the LORD was with him but had departed from Saul. ¹³ So Saul removed him from his presence and made him a commander of a thousand, and David marched out and came in, leading the army. ¹⁴ David had success in all his undertakings, for the LORD was with him. ¹⁵ When Saul saw that he had great success, he stood in awe of him. ¹⁶ But all Israel and Judah loved David, for it was he who marched out and came in leading them.

For the word of the Lord
Thanks be to God

PSALM 133

Response: How good and pleasant it is to live together in unity.

- ¹ Behold how good and how lovely it is:
when families live together in unity.
- ² It is fragrant as oil upon the head,
that runs down over the beard:
fragrant as oil upon the beard of Aaron,
that ran down over the collar of his robe. **R**
- ³ It is like a dew of Hermon:
like the dew that falls upon the hill of Zion.
- ⁴ For there the Lord has commanded his blessing:
which is life for evermore. **R**

SECOND READING: 2 CORINTHIANS 6.1-13

¹ As we work together with him, we urge you also not to accept the grace of God in vain. ² For he says,

‘At an acceptable time I have listened to you,
and on a day of salvation I have helped you.’

See, now is the acceptable time; see, now is the day of salvation! ³ We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, ⁴ but as servants of God we have commended ourselves in

every way: through great endurance, in afflictions, hardships, calamities, ⁵ beatings, imprisonments, riots, labours, sleepless nights, hunger; ⁶ by purity, knowledge, patience, kindness, holiness of spirit, genuine love, ⁷ truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; ⁸ in honour and dishonour, in ill repute and good repute. We are treated as impostors, and yet are true; ⁹ as unknown, and yet are well known; as dying, and see – we are alive; as punished, and yet not killed; ¹⁰ as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

¹¹ We have spoken frankly to you Corinthians; our heart is wide open to you. ¹² There is no restriction in our affections, but only in yours. ¹³ In return – I speak as to children – open wide your hearts also.

For the word of the Lord
Thanks be to God.

Please stand if you wish

GRADUAL HYMN: CP 184 “Holy Spirit, truth divine”

- 1 Holy Spirit, truth divine,
dawn upon this soul of mine;
voice of God, and inward light,
wake my spirit, clear my sight.
- 2 Holy Spirit, love divine,
glow within this heart of mine;
kindle every high desire;
perish self in thy pure fire.

- 3 Holy Spirit, power divine,
fill and nerve this will of mine;
by thee may I strongly live,
bravely bear and nobly strive.
- 4 Holy Spirit, law divine,
reign within this soul of mine;
be my law, and I shall be
firmly bound, for ever free.
- 5 Holy Spirit, peace divine,
still this restless heart of mine;
speak to calm this tossing sea,
stayed in thy tranquillity.
- 6 Holy Spirit, joy divine,
gladden thou this heart of mine;
in the desert ways I sing,
spring, O well, for ever spring!

Samuel Longfellow © CP
2001

THE GOSPEL

Alleluia, Alleluia, Alleluia.

**A great prophet has arisen / in our midst,
God has / visited his people**

Alleluia, Alleluia, Alleluia.

The Lord be with you
And also with you.

The Holy Gospel according to Mark 4.35-41

‡ **Glory to you, Lord Jesus Christ.**

³⁵ On that day, when evening had come, Jesus said to them, 'Let us go across to the other side.' ³⁶ And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. ³⁷ A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. ³⁸ But he was in the stern, asleep on the cushion; and they woke him up and said to him, 'Teacher, do you not care that we are perishing?' ³⁹ He woke up and rebuked the wind, and said to the sea, 'Peace! Be still!' Then the wind ceased, and there was a dead calm. ⁴⁰ He said to them, 'Why are you afraid? Have you still no faith?' ⁴¹ And they were filled with great awe and said to one another, 'Who then is this, that even the wind and the sea obey him?'

This is the Gospel of the Lord.

Praise to you, Lord Jesus Christ.

SERMON

The sermon is followed by a time of silence for reflection.

THE PRAYERS OF THE PEOPLE

Let us pray for the world and for the Church.

Response:

Lord, in your mercy

hear our prayer.

Conclusion:

Compassionate God, you have promised to hear our prayers.

Grant that what we have asked in faith

we may by your grace receive,

through Jesus Christ our Lord. Amen.

NOTICES

Please stand if you wish

THE GREETING OF PEACE

We are the body of Christ.
His Spirit is with us.

The peace of the Lord be always with you.
And also with you.

OFFERTORY HYMN: CP 331 "We pray thee, heavenly Father"

- 1 We pray thee, heavenly Father,
to hear us in thy love,
and pour upon thy children
the unction from above;
that so in love abiding,
from all defilement free,
we may in pureness offer
our Eucharist to thee.

- 2 Be thou our guide and helper,
O Jesus Christ, we pray;
so may we well approach thee,
if thou wilt be the Way:
thou, very Truth, hast promised
to help us in our strife,
food of the weary pilgrim,
eternal source of Life.

3 And thou, creator Spirit,
look on us, we are thine;
renew in us thy graces,
upon our darkness shine;
that, with thy benediction
upon our souls outpoured,
we may receive in gladness
the body of the Lord.

4 O Trinity of Persons,
O Unity most high,
on thee alone relying
thy servants would draw nigh:
unworthy in our weakness,
on thee our hope is stayed,
and blessed by thy forgiveness
we will not be afraid.

V. Stuckey S. Coles © CP
2001

PRAYER OVER THE GIFTS

Blessed are you, Lord, God of all creation.
Through your goodness
we have these gifts to share.
Accept and use our offerings for your glory
and for the service of your kingdom.
Blessed be God for ever.

THE GREAT THANKSGIVING

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

All glory and honour be yours always and everywhere,
mighty Creator, everliving God.

We give you thanks and praise for
our Saviour Jesus Christ,

who by the power of your Spirit was born of Mary
and lived as one of us.

By his death on the cross
and rising to new life,

he offered the one true sacrifice for sin
and obtained an eternal deliverance for his people.

Therefore with angels and archangels,
and with all the company of heaven,

we proclaim your great and glorious name,
for ever praising you and saying:

Holy, holy, holy, God of power and might,

Heaven and earth are full of your glory.

Hosanna in the highest.

† Blessed is he who comes in the Name of the Lord.

Hosanna in the highest.

Merciful God, we thank you
for these gifts of your creation,
this bread and wine,
and we pray that by your Word and Holy Spirit,
we who eat and drink them
may be partakers of Christ's body and blood.

On the night he was betrayed Jesus took bread;
and when he had given you thanks
he broke it, and gave it to his disciples, saying,
'Take, eat. This is my body given for you.
Do this in remembrance of me.'

After supper, he took the cup,
and again giving you thanks
he gave it to his disciples, saying,
'Drink from this, all of you.
This is my blood of the new covenant
shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.'

Therefore we do as our Saviour has commanded:
proclaiming his offering of himself
made once for all upon the cross,
his mighty resurrection and glorious ascension,
and looking for his coming again,
we celebrate, with this bread and this cup,
his one perfect and sufficient sacrifice
for the sins of the whole world.

Let us proclaim the mystery of faith.

Christ has died. Christ is risen. Christ will come again.

† Renew us by your Holy Spirit,
unite us in the body of your Son
and bring us with all your people
into the joy of your eternal kingdom;
through Jesus Christ our Lord,
with whom, and in whom,
in the fellowship of the Holy Spirit,
we worship you, Father,
in songs of never-ending praise:

**Blessing and honour and glory and power
are yours for ever and ever. Amen.**

THE LORD'S PRAYER

As our Saviour Christ has taught us, we are confident to pray,

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

BREAKING OF THE BREAD

We break this bread to share in the body of Christ.
We who are many are one body,
for we all share in the one bread.

AGNUS DEI

Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, grant us your peace.

INVITATION TO COMMUNION

The gifts of God for the people of God.
May we who share these gifts be found in Christ and Christ in us.

This is the table of communion with the earth,
in which Christ became incarnate
So come to this table, those who have much faith
and those who would like to have more;
those who have been here often
and those who have not been for a long time;
those who have tried to follow Jesus;
and we who have failed.
Come.

Please stand if you wish

POST-COMMUNION SENTENCE

**Behold how good and how lovely it is, when families live together
in unity (Psalm 130.1)**

PRAYER AFTER COMMUNION

Living God,
in this holy meal you fill us with new hope.
May the power of your love,
which we have known in word and sacrament,
continue your saving work among us,
give us courage for our pilgrimage,
and bring us to the joys you promise.

PRAYER OF SELF-OFFERING

Most loving God,
you send us into the world you love.
Give us grace to go thankfully and with courage
in the power of your Spirit.

BLESSING

The peace of God which passes all understanding keep your hearts
and minds in the knowledge and love of God, and of his Son, Jesus
Christ our Lord;
and the blessing of God almighty, † the Father, the Son, and the Holy
Spirit, be among you and remain with you always. **Amen**

Please stand if you wish

DISMISSAL

Go in peace to love and serve the Lord:
In the name of Christ. Amen.

RECESSIONAL HYMN: TIS 134 "Praise, my soul, the king of heaven"

1 Praise, my soul, the king of heaven;
to his feet your tribute bring;
ransomed, healed, restored, forgiven,
who like me his praise should sing?
Praise him, praise him, Alleluia,
praise the everlasting king!

2 Praise him for his grace and favour
to his people in distress;
praise him still the same for ever,
slow to chide and swift to bless:
Praise him, praise him, Alleluia,
glorious in his faithfulness!

3 Frail as summer's flower we flourish,
blows the wind and it is gone;
but while mortals rise and perish
God endures unchanging on,
Praise him, praise him, Alleluia,
praise the high eternal one!

4 Angels, help us to adore him,
you behold him face to face;
sun and moon, bow down before him,
dwellers all in time and space:
Praise him, praise him, Alleluia,
praise with us the God of grace!

Henry Francis Lyte © TIS
1999

POSTLUDE: WARREN: TRIUMPHAL MARCH

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Where there is a † in the liturgy, you are invited to make a sign of the cross if you wish. When the Gospel is read and we say “† Glory to you Lord Jesus Christ”, you are invited to make three tiny signs of the cross, on the forehead, on the lips and on the chest. This symbolises the Word of God in our minds, our words and our hearts.

The sermon is preceded by a short Children’s Talk if there are children present.